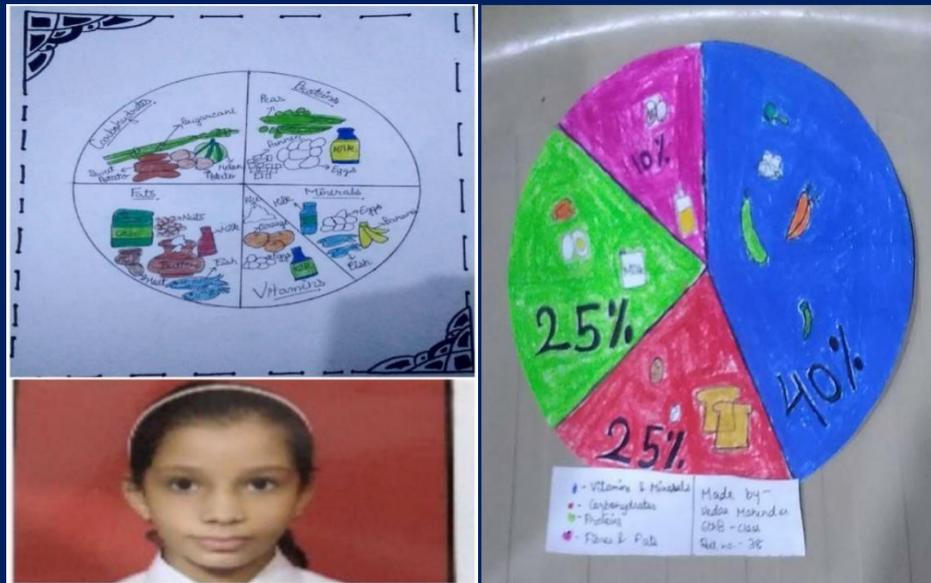


# Science-Quiz and activity on Balanced Diet

27 July 2020 to 29 July 2020

Class VI

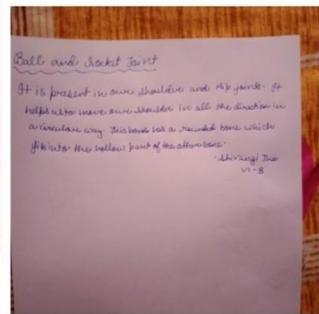
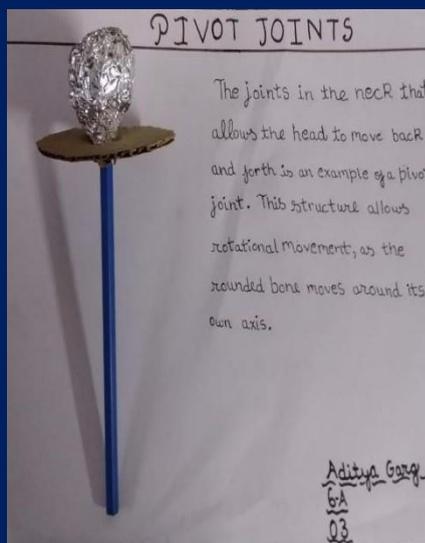
Every time you eat is an opportunity to nourish your body. To understand the importance of consuming right kind of food for healthy life, a virtual quiz was organized for the kids of class VI. They were asked questions on nutrients, sources of various nutrients and many other food related questions. Students participated in this activity with full vigour and great competitive spirit.



# Live demonstration on body movements

23.11.2020

There are so many movements that happen in our bodies. Even when one is still, different parts of body moves. To feel the different types of joints and their role in body movements, the students demonstrated various types of body movements like flexion (bending), extension (straightening) etc. It was a fun activity which helps the students to understand the function of different joints.



## Live demonstration of complete electric circuit

07.12.2020

The students of class VI designed electric circuit in a zoom session on 07<sup>th</sup> Dec 2020. They used a power source like battery, a small light bulb, clip wires, bulb holders etc. for the same. This activity was organised to give students an opportunity to explore simple and complex circuits. Electrical safety was also discussed in the class.

